

# My Value-Island

Lifestyle value 1:

Lifestyle value 2:

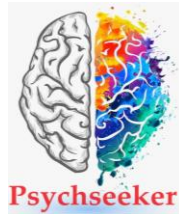
Moral values:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Lifestyle value 3:

Lyfestyle value 4:

Self-Boundaries:	Other-people-Boundaries
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.



My Strengths		My Challenges	
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	